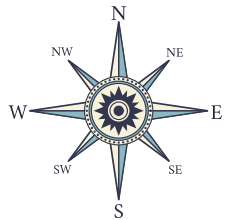


© OpenStreetMap contributors © Zenith outdoor&adventure maps

Legendă-Legend

- |                                 |   |  |   |
|---------------------------------|---|--|---|
| Curs de apă<br>Watercourse      | Izvor<br>Spring                                       | Mocăniță<br>Narrow railway                   | Muzeu<br>Museum                                       |
| Drum principal<br>Major road    | Atracție naturala<br>Natural attraction               | Cale ferată<br>Railway                       | Cruce<br>Cross  |
| Drum secundar<br>Secondary road | Vârf<br>Peak  | Drum Național<br>National road               | Biserică fortificată<br>Fortified church              |
| Drum local<br>Local road        | Stână<br>Shepardfold                                  | Zonă construită<br>Buildings area            | Biserică<br>Church                                    |
| Drum pietruit<br>Gravel road    | Informare turistică<br>Tourist info point             | Pădure<br>Forest                             | Cetate<br>Fortress                                    |
| Drum de pământ<br>Dirt road     | Pensiune eco-certificată<br>Eco-certified guest house | Polygon militar<br>Military application area | Curbe de nivel (20m,100m)<br>Contour lines (20m,100m) |
| Potecă<br>Path                  | Pensiune<br>Guest house                               |  |   |

- |  |  |
|--|--|
| Traseu turistic marcat<br>Marked tourist trail                     | Traseu exclusiv cicloturism<br>Mountain bikes only |
| Marcaj turistic slab sau inexistent<br>Poor or missing trail marks |  |



Scale/Scara 1:75 000



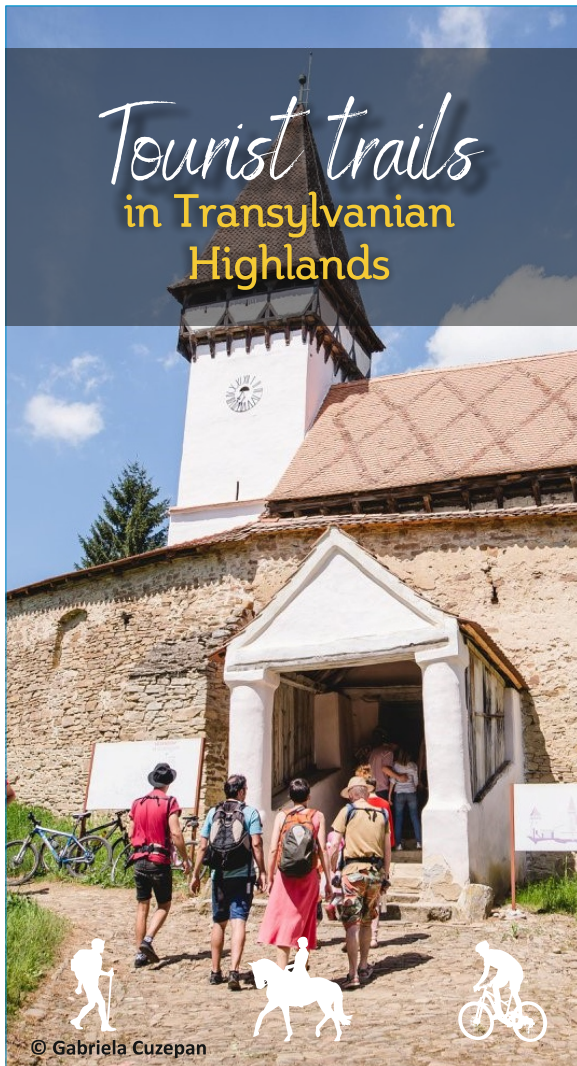
- colineletransilvaniei@gmail.com  
 facebook.com/colineletransilvaniei  
 @colineletransilvaniei  
 transylvanianhighlands@gmail.com  
 facebook.com/transylvanianhighlands  
 @transylvanianhighlandst

APEL URGENȚE



EMERGENCY NUMBER





**Welcome to Europe's last authentic Medieval landscape.**

**You are in the center of Romania!**

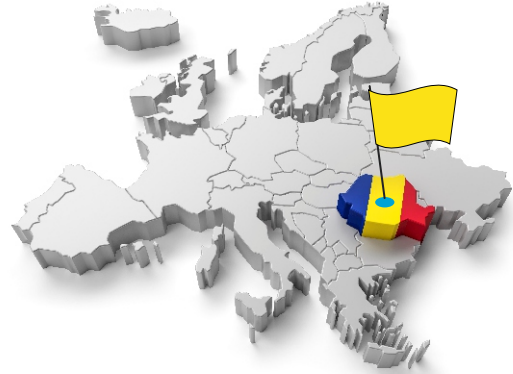
Here, you can travel back in time to a slower-paced era.

Enjoy nature in all its rich biodiversity! Discover a place where local communities still follow century-old traditions while respecting flora and fauna, cherishing the experience of past generations and preserving it for future generations.

Try our trails on foot, by bike or on horseback.

**Listen to nature's stories and enjoy an ecotourism destination: Transylvanian Highlands.**

[www.colinele-transilvaniei.ro](http://www.colinele-transilvaniei.ro)



## WHERE TO SLEEP?

Transylvanian Highlands eco-destination offers you a variety of accommodations. From urban hotels, motels and boutique-hotels in bigger cities around, to a network of more than 150 rural guesthouses, agrotourism or traditional guest houses, carefully restored or preserved for centuries.

Our destination has several camping sites, suitable for both tents as well as caravans and campers. Try them in: Blăjel, Cârța, Cloașterf, Criț, Florești, Prod, Richiș, Sighișoara or Șaeș.

We recommend choosing certified accommodations that value sustainable practices.



## WHERE TO EAT?

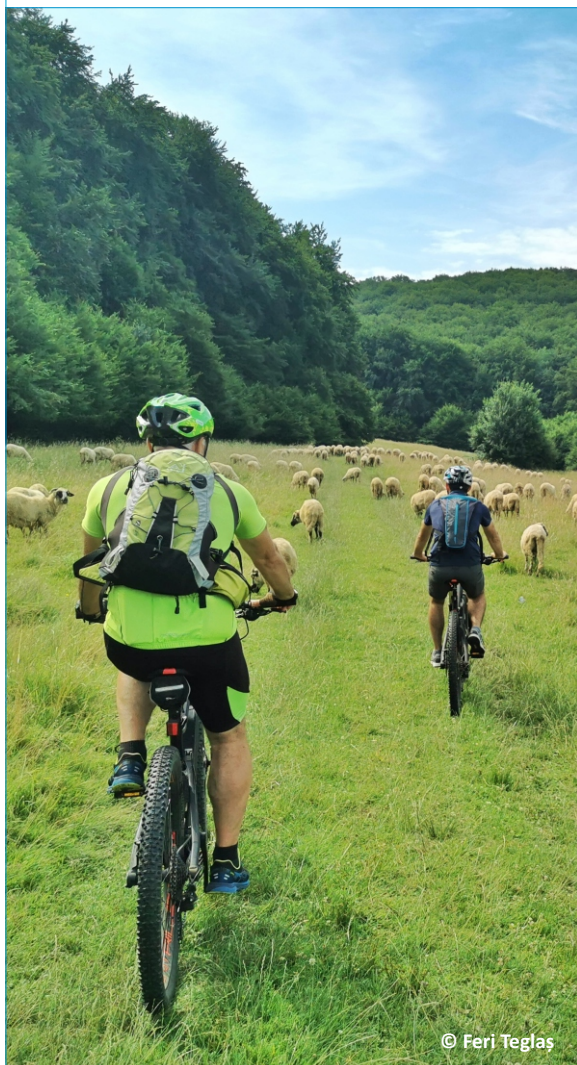
Taste the flavours of Transylvanian Highlands around a delicious meal, in a restored barn or outdoors, on a hilltop picnic with a view. The gardens, orchards, pastures and forests provide quality ingredients for the local cuisine.

Make a reservation at one of the local gastronomic spots in Criț, Colun, Meșendorf, Moșna, Mediaș or Viscri.

Try local white cheeses. Experience the local events where traditional cuisine is always present.

### TASTE:

- fresh apple juice from Mălâncrav or Slimnic,
- sweet and sour jams from Alma Vii, Veseud or Hetiur,
- inventive rhubarb dishes from Saschiz,
- traditional bread in Hosman, Viscri or Criț
- the cabbage in Moșna
- healing herbal teas from Țopa, Movile or Criț
- traditional zacusca in Nucet or Cloașterf
- wild truffles in Archita or Bunești
- the local wine in Richiș
- new recipes from Bazna or Mangalița pork meat.



## ABOUT THE TRAILS

Recommended for mountain bikes.

Level of difficulty: easy to medium

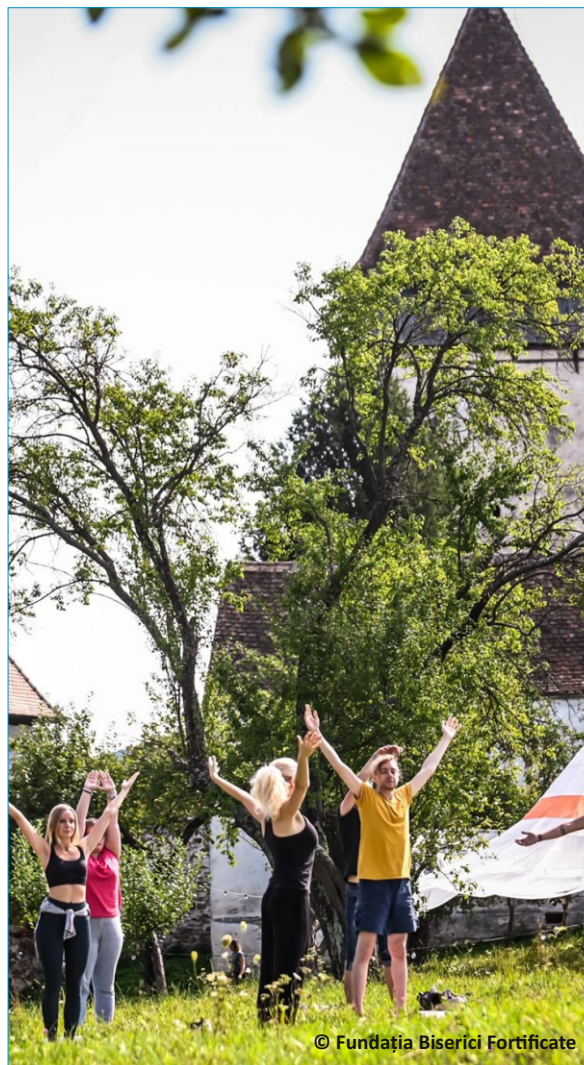
Terrain: dirt and/or stone roads with asphalt segments.

Certain sections may become inaccessible in rainy weather. Check the conditions of the selected trail before you hit the road. Ask your host, your guide or send us an email.

**RECOMMENDED EQUIPMENT:** helmet, water, reflective vest, sunglasses, sunscreen, mini tool kit, wheel vulcanization kit, raincoat, suitable footwear, seasonal clothes.



Scan the QR Code for details.



**GAL Asociația Transilvană Brașov Nord**  
Loc. Rupea, Str. Republicii nr. 124  
Telefon: 0784.298.864; 0784.298.863  
E-mail: [contact@galatbn.ro](mailto:contact@galatbn.ro)  
<https://galatbn.ro/>

**Grupul de Acțiune Locală**  
Asociația Transilvană  
Brașov Nord

**GAL Dealurile Târnavelor**  
Loc. Saschiz, str. Principală nr. 159,  
Jud. Mureș, Telefon: 0265.711.718  
Email: [office@tarnava-mare.ro](mailto:office@tarnava-mare.ro)  
<http://www.tarnava-mare.ro/>

**TARNAVA MARE**  
GAL DEALURILE TÂRNAVELOR

**GAL Podișul Mediașului**  
Loc. Ațel, str. -, nr. 76, jud. Sibiu  
Telefon: 0741.084.630  
Email: [galpodisulmediasului@galpm.ro](mailto:galpodisulmediasului@galpm.ro)  
<http://www.galpm.ro/>

**GAL**  
Podișul Mediașului

**GAL Microregiunea Hârtibaciu**  
Sat Hosman, comuna Nocrich,  
str. -, nr.234, jud. Sibiu  
Telefon: 0269.510.030  
Email: [office@gal-mh.eu](mailto:office@gal-mh.eu)  
<https://gal-mh.eu/index.html>

**mh** GAL microregiunea hârtibaciu



**This material was created for the "Tourist trails in the Transylvanian Highlands" project, financed by measure 19-LEADER, sub-measure 19.3 B, National Rural Development Programme 2014-2020.**

Transylvania Brasov North Local Action Group in partnership with Dealurile Târnavelor Local Action Group, Podișul Mediașului Local Action Group and Hârtibaciu Microregion Local Action Group have set out through this project to contribute to the development and promotion of tourist routes in the Transylvanian Highlands.

**The content of this material does not necessarily represent the official position of the European Union or the Romanian Government.**